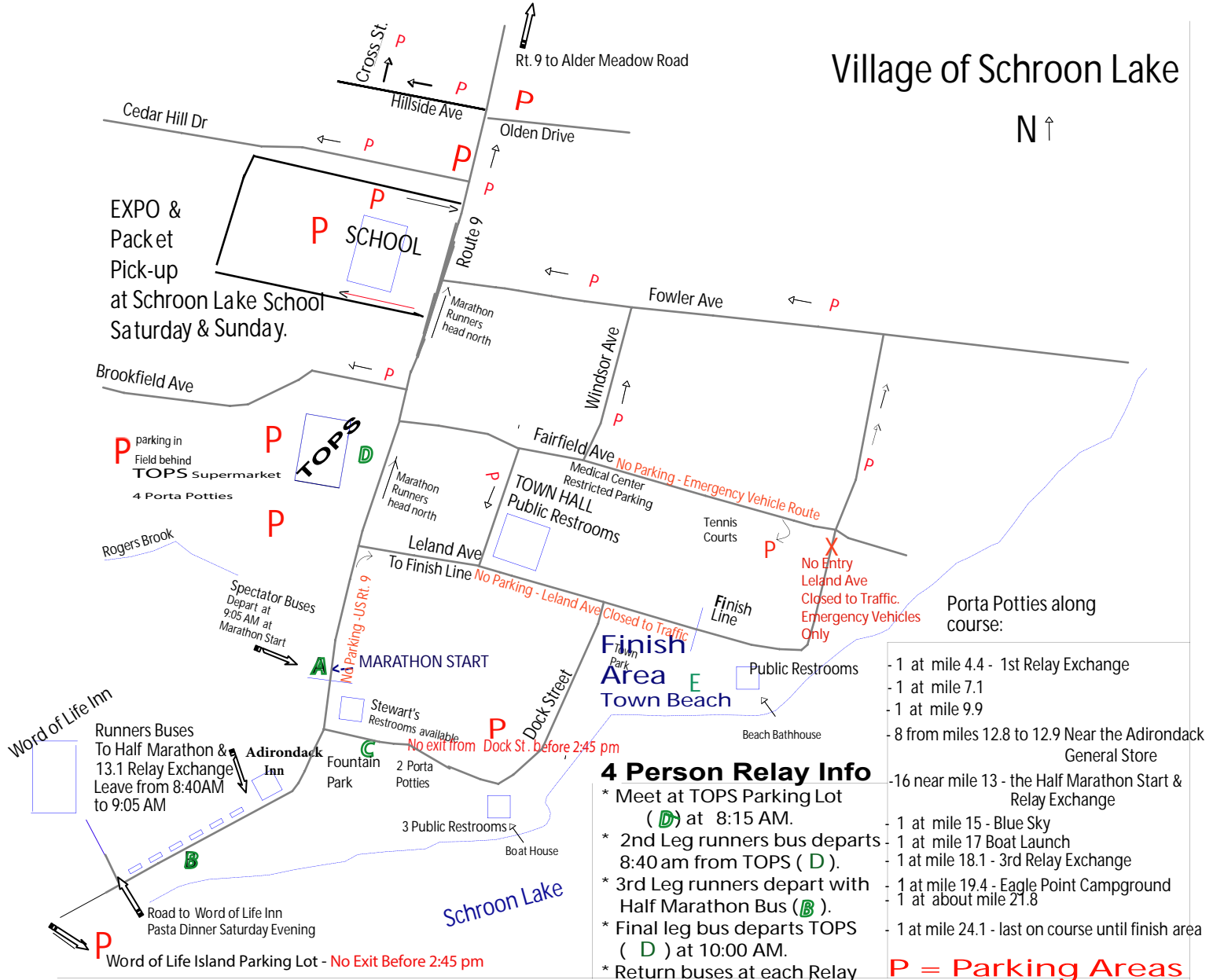


# 22nd Adirondack Marathon Distance Festival

## Village of Schroon Lake



- Porta Potties along course:**
- 1 at mile 4.4 - 1st Relay Exchange
  - 1 at mile 7.1
  - 1 at mile 9.9
  - 8 from miles 12.8 to 12.9 Near the Adirondack General Store
  - 16 near mile 13 - the Half Marathon Start & Relay Exchange
  - 1 at mile 15 - Blue Sky
  - 1 at mile 17 Boat Launch
  - 1 at mile 18.1 - 3rd Relay Exchange
  - 1 at mile 19.4 - Eagle Point Campground
  - 1 at about mile 21.8
  - 1 at mile 24.1 - last on course until finish area
- P = Parking Areas**

### 4 Person Relay Info

- \* Meet at TOPS Parking Lot (D) at 8:15 AM.
- \* 2nd Leg runners bus departs 8:40 am from TOPS (D).
- \* 3rd Leg runners depart with Half Marathon Bus (B).
- \* Final leg bus departs TOPS (D) at 10:00 AM.
- \* Return buses at each Relay exchange area. Your wrist band & bib allow entry to bus.

### STARTING TIMES:

Marathon Early Bird Start 7:00 AM at Marathon start line. **A**

Marathon & Relays First Leg 9:00 AM. Start is in the village of Schroon Lake at Marathon start line. **A**

Runners Bus to 2 Person Relay Exchange Area / Half Marathon: Departs 8:40AM to 9:05AM  
Runners must show Bib Number and Wrist Band to driver. Buses located between Word of Life Inn & Adirondack Inn at south end of Village. **B**

Spectator Bus to Half Marathon start & 13.1 Relay Exchange area. Departs 9:05 AM at Marathon Start line (**A**). Buses return every 15 min. from 10:30-12:30. Tickets required.

Half Marathon: Start 10:00 AM, just south of Adirondack Lodges in Adirondack. (See Runner bus info above).

### BUS NOTES:

Buses will leave as noted above. Buses Return for Spectators and Relay Runners from Adirondack to Schroon Lake Village from 10:30am every 15 minutes until 12:30pm.

### WATER STATIONS:

Stations will serve water & sport drink every 2 miles for the first 20 miles and every mile starting at mile 21. There will be Fig Bars or M&M's at Water Stations 12, 16, 20 & 23

### Restrooms:

\*There are public restrooms in the village as noted above- 2 Porta Potties across from Stewarts in the Park. Porta Potties along the course as shown in box above right. \*There are 4 Porta Potties in Tops Parking Lot

### CLOTHING DROPOFF :

RELAYS: Runners give bag to teammates.  
MARATHON: Across Dock St. from Stewarts Shop just south of the start line from 8AM to 8:50 AM. **C**  
HALF MARATHON: North of start line near Porta John's from 9:20 to 9:50 AM.  
Pre-numbered plastic clothing bags have been provided in your Runners Packet. Do not leave gear on bus.

### CLOTHING PICKUP :

All runners except Relay Teams will pick up their clothing at the Merchandise Tent in the Town Park near the finish line. **E**

No parking on Rt. 9 South of Leland Ave.  
No parking on Leland Avenue!!!  
No exit from Dock St. before 2:45pm.

**Parking Large P's indicate parking lots or open areas**  
**Smaller P's = side street parking**  
**Please park on the right side only in the direction shown.**  
**Note that at TOPS there is a large field beyond the paved lot.**  
**Parking will start in the field first and then in a portion of the paved area.**  
**IF YOU ARE LEAVING TOWN BEFORE 2:45 PM DRIVE NORTH ONLY ON RT 9 to EXIT 28, I-87, 2 miles north of Town.**  
**There is a north and south bound entrance onto I-87.**